

The Signal Fire: June 2026 Transmission Transcript

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Hello, good morning and welcome everybody. Welcome to the June Signal Fire. I am of course your host, Gia Prism. I'm so excited to do this session. For those of you who are new here, this is my monthly group psychic preview session, energy preview oracular priestess session where I bring through the live guidance for this moment in time. We are in a period of ascension, of transition, of awakening, of collapse

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And we need all the help we can get. So that is what this session is for. Just letting a few folks in

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For those of you who are new here, I am an oracle, which means I am a messenger of the divine. I am here to hold space. I am here to bring through guidance, and I'm here to use my personal wisdom to help us navigate this collective moment in history. And my abilities, I am a psychic medium, I am a channeler

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I am all the things I'm a healer. I use the name PRISM because the divine light comes in and energies are streamed through me and you will receive exactly what you need to receive. I don't have to customize it. I don't have to know.

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My pre-session ritual brings everyone together to allow you to receive exactly what you need, and my job is simply to be the vessel. And to be here and allow energies to move through me to you. So, along with that, you might feel some weirdness, even if you're not attending live, if you're watching the replay, you might feel tingles

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Yawning, burping? These are all hiccups. These are common signs that energy is moving through our body. Oftentimes, you'll get tears as I'm

speaking and different truths come through. You might also fall asleep, and all of this is very normal. It's just the energy is coming in, adjusting

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doing what they need to do, and we're all good in the hood. So, these are completely live, completely unscripted, and as I was kind of mentioning beforehand, you know, doing this live month after month

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It really allows us to be present for this time as it's unfolding

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It is always good to have a peek around the corner, but it's also about anchoring us to the moment. What's happening now? What are the challenges? What are the opportunities? What has just erupted, and now we need to be like, what the ?

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So these sessions are a bit wild

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Arabic, zing zing, I kind of go all over the place because I allow myself to be open to whatever comes through. We're very sacred, and we're a little swearsy. These are irreverent, these are supposed to be fun and lighthearted, but we go very deep, which is exactly why I create the container

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hold all of us, and to get us in the appropriate energy to receive. So, with that in mind, I'm going to lead us through a very short, invocation meditation to kind of help our body settle in and create the container. As I mentioned, I've already done my pre-session process, so I am locked and loaded, but now let's bring everyone into the circle.

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So, I'm going to invite you to relax. You can close your eyes, keep them open if that's more comfortable.

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And we're just going to take a few deep breaths

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To anchor us in this moment

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You can place a hand on your chest

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On your belly to bring yourself back into the body, signal to the body that it is safe to be here now

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And as we come into the body, we invite your higher selves

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Your heavenly helpers to step forward, to surround you

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To provide that safe circle, that safe space to hold you in this moment

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And in this space, we allow your energy to be uplifted

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To be cleared of that which is no longer beneficial

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To be safe enough to call home that which has gone missing.

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To allow everything to be present, coherent, and whole

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And in this session, we invite our higher selves to step forward, that we might receive pure divine guidance

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To experience the presence of the divine

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To receive whatever it is we need to receive, whether it is energies, information, truths, laughter, love, light

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Receive whatever it is we most need to receive in this now moment of time to navigate this challenging passage. To illuminate the way

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And to accelerate our expansion

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Receiving

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all that is ready for us

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And all that may be carried forward in the weeks to come until we meet again. And so it is. Amen.

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Okay. Whew

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Also, as a reminder, if you feel a lot of energy, you may not, and that's okay, doesn't mean you're doing it wrong, or you're missing it, it just means your body isn't as sensitive to others. If you are feeling energy, heady, dizzy, remember to ground your body, come into the body, invite your body to ground into the earth

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So that we're not so knocked away by the energies allow our body to receive. Okay. So

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These signal fire sessions, I've been doing them since February last year. They were a similar format, I called them what's Coming Next, and they were much more focused on political happenings as the situation was unfolding. In these signal fire sessions, yes, we do receive whatever we need to know about current events, but this is about the broader process of ascension.

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And Ascension is that process where we are expanding from the third dimensional, the old earth, the survival Earth, and into expanded consciousness, Christ consciousness, unity, consciousness, love, all the things. And as wonderful and glorious as that is, the process itself is incredibly challenging, and we are being rocked. And so these guidance sessions really help us receive what we need to receive

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And these sessions for the past few months have followed a predictable pattern. Of course, they're always live. I don't really prepare. But a collective has stepped forward every time to be channeled

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And guidance flows from that

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Today is a little unusual in that I received a ton of information beforehand, so I'm going to do that first. Wait, am I?

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Yeah, I'm gonna do that first, because I think the Time Lords are back, I think that's who I'm receiving this information from. They came through a couple sessions ago, I'm not sure, but I don't know if that's who wants to channel

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So.

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We're going to start right in the thick of it, okay? If you've been following on social media, if you've gotten my emails, I think you know this past weekend and the past couple weeks leading up to it have been incredibly challenging and many of us were perceiving something happening

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Something is afoot, very dark, very treacherous, very unnerving. And I saw a lot of images that I shared. I felt a lot of things, perceived a lot of things and was kind of judicious in how I shared that so as not to arouse alarm. The energy has wildly shifted

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But I asked Spirit this morning as I was kind of going about my business, I asked, Hey, can we find out? Can we know what's with the sonic boom? What's happening? Can we get the truth beneath because we know we can't trust this administration to say anything truthful to save their lives

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So can we know is that appropriate for us to know? And whatever else, you know

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And so that was kind of my place my order with the universe. And it started coming in automatically

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And so we're going to get to this first. Now, what I got is more big picture

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And then we will ask and see if it's appropriate to know the specifics.

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I shared, you know, last week leading up to it, there was a lot of anxiety, a lot of dread. And again, as I was mentioning before, I went live here that I have just signed a contract on a new office space outside my

home and I'm so thrilled

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It's exactly what I've been looking for, what I've been working toward, but it immediately triggered an avalanche of fear because I have a lot of financial trauma, and I have a lot of very specific trauma that is just when I expand and things are amazing, I get slapped down really hard and then go through years of trauma.

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That pattern was really triggered, but I walk my talk, y'all. I walk my talk, I do my work. So a lot of this anxiety, I thought, this is me, I'm really in it, I'm going through it, right?

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But there was also a collective layer beneath it in tuning in

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And that's when I got together with my psychic friends to there's power in numbers and to kind of

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just pulled together and say, what are we getting here?

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And we got similar things, and it was

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Pretty intense. The first thing that I saw was the earth surrounded by ETs and angelics and other heavenly helpers. I don't even know what kind of species or beings they were. But they were surrounding the earth. And yes, I see this often. Usually they're care bear stare. They're just radiating light and it's amazing. But this time it was a very somber, serious tone

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And I saw them with swords and it was very much before the battle. And that made me incredibly nervous.

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Because I never see that. I never get things that make me nervous. And so I was like, what is this?

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And they said, Don't worry, you won't even see it, but we've got this. We've got this handled.

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And I did get a few other things, and as I mentioned, I was also joined by Nina Shine. You may know her as Nina, your witchy healer, my friend and fellow creator. And she got very similar things. I don't want to put words in her mouth. She can share what she wants to share, but credit where credit's due, we tuned in together

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And ultimately, we did get this sense that the political powers that be are up to no good

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and are planning some stuff

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And they might try multiple things. And it was very, very much

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9-11 vibes insider job that will be pinned on somebody else

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to to do a thing, to whip us into a frenzy, and to justify some terrible things.

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And Spirit said, you don't have to worry because it doesn't matter what they try. Repeatedly, we're not going to let it happen and you won't even see it. So there isn't any point in worrying. You really need to focus on you and deepening and expansion and holding the light.

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And so that's what we did

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But the personal anxiety around all of this kept ramping up for me again because my personal stuff, and we had the full moon, and it was very intense and everyone seemed to be going through a kind of something. And so as this whatever was happening, this intensity ratcheting, it sent out this vibration

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That triggered our own fear. And that's more of the layering that I got this morning, was that

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Whether or not that

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Event plan attempt. I don't know what it was, I wasn't shown. I'm not given that information. If they drop it in, they drop it in.

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Whether it was merely a third-dimensional physical we're going to do a thing to justify a means to an end, and or whether it was purely energetic psychological warfare, people call it harvesting energy, triggering our fear, there is absolutely an aspect of that

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Both the attempt

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even the plan of it

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And whatever they did to start putting things into motion

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would send out this energy that would trigger all of us. And what that does is them doing a thing is them creating timelines.

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And if they, that's how it is for all of us, okay? Every time we do a thing and make a choice, I just leased a new office, I just created a new timeline. This is normal.

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But if you have powerful people who have the power, the ability to influence millions of others, that generates a lot of like gravity and momentum for creating bigger collective timelines. And so when they do that, whether it's their outright intent, whether they know they're doing that, like spiritually, mystically, or whether they don't actually know, but this is how it works

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They're drumming up enough fear, and that fear is the vibrational match to whatever it is they're creating, and then anyone who's vibrating that same fear gets sucked into the timeline, and then we're manifested on a new thing.

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And

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Really? Oh, I'm already tinfoil had enough spirit. Where am I? Okay.

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They're saying this is what was behind COVID.

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And we're all gonna settle down because

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If you've been around me long enough, you know I take everything with nuance. Everything is nuance, nothing is extreme.

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As COVID was building up, I was absolutely like, yes, that's a timeline. That doesn't need to be timeline. I don't need that. I'm gonna work on whatever I'm gonna work on, and I'm going to navigate my own timeline. Alas, that didn't happen for me. I got

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onto the COVID timeline, and it felt like instant. I don't know about you guys, but I, like, wasn't tuned into it at all, and then it was all of a sudden that overnight shift

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That March day, when all of a sudden we just, like, flipped into the upside down, and the energy changed immediately

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And it triggered such panic, fear, paranoia in me that I was bordering on psychosis for that entire year. It triggered so much in me, and I'm not saying this to be like, aha, the powers that be just did a thing to me. No, it was me

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It was my trauma, it was my soul history, it was my Scottish Irish famine, the English are coming to get us. All of my trauma of scarcity and survival was triggered that year, and I went into the underworld of working through my own stuff

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And that is the parallel of what's happening now. So when we say there's a divine plan in all of it, it doesn't mean that Spirit's like, hey, yeah, why don't you bomb a people so we can work out our karma? Like, it's cool, just do it. It's not quite that extreme

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But everything that happens in this earth that humans create

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can be

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harnessed for beneficial purposes.

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And so that is part of, you know, this is a 3D Earth. We know signing up to it, there is violence, there is pain, there are machinations from powers that be. That is the deal, that's the gig. We all know this.

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But overall, we are now far enough at a point in Ascension where it is not in our highest and best good to fall into these timelines. But this group is trying every damn thing they can to harvest enough people onto their timeline so as to make it real and undeniable and delay or slow down and try to survive and stay in their power

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They're still doing that. And this weekend was a moment where they were trying to do that. And they were doing a thing and trying to do a thing, but all these heavenly helpers stop whatever it was.

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Because we're not there, we're not going down that path. However.

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When it triggered our own personal stuff, that's where free will, choice, sovereignty comes in.

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If you are triggered into fear and you really have not begun the work of mastering your fear, as I had not in 2020, I was nowhere near mastering my shit, okay? I was good vibes only love and light, and we can just vibrate past it and spirit was like, that's cute. You got a lot of learning sis and I got on this timeline and here we are.

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So those who really do need or are not yet stable enough or haven't begun their own mastery work can be

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looped in, it's a new word, we can be looped in, it's the opposite of yeet, looped into these

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timelines and these things where terrible things happen because the soul has to learn mastery over fear. Learning mastery over fear, this is coming in hot, learning mastery over fear is the ascension task.

Learning mastery over the human body. This is... it's not bypassing the ego, it's mastering the ego. It's coming into mastery of the fear body, the survival body. It's allowing your higher self, your higher knowing the divine purpose, the divine plan

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Your divine higher knowing to lead instead of the fearful body that is afraid of death. This is the Ascension Master Challenge. This weekend was a master challenge.

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Powers that be, holding both sides which are we going to choose? And when I say choose, it's not conscious. We didn't know what happened

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Okay, and I'm seeing this image of the body as, like, a silhouette, and there's all these little dots in it, and okay, it's like inside out. Is that... yeah, inside out, you know, with sadness and joy, there are these little... these little glowing balls, and they're different colors. So if you have

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50% of you is the red, terrified fear. That might be enough to pull you into this scenario, which is totally fair. But if you have like 20% fear or whatever, these are arbitrary, okay? I'm making an example. That fear is going to glow and get really big

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But if we have the presence, the tools, the wherewithal, the wisdom, the support, the community support, truth tellers like me and thousands of

others of lightworkers saying, hey, yeah, this is intense, but we're going to be okay, then we can work with these balls of fear. Okay, we can work with them

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And we can massage it. And for me, I was able to really go into my trauma history layer by layer, year by year. Oh, financial trauma. Yeah, I got a whole ass story that goes along with this, and I had, like, 20 different things that happened, and I went through painstakingly, I used my shadow work process, I used presence in the body to be presence with myself

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As the trauma came up

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And so this is what brings us to the image that I showed in my video yesterday. I'm wearing the orange tank top, where I talked about... I also saw, and this was on Saturday when I was tuning in with Sarah Treadwell. Many of you guys know her. She runs the community, the Great Awakening Collective, and I know probably some of you are in that collective, and Sarah and I are also friends. And as we were talking, we were tuning into the same thing

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And talking about, you know, us as leaders of communities, we're really in this role of like, I call myself the Pied Piper. I'm like a timeline Pied Piper, and I'm trying to like lead people. Yeah, that timeline's real, but you don't have to be over there. Why don't you come hang out over here? There's some cool people, and we're creating some cool , so come on over

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So, you know, those of us who are leaders in this time, we're doing that

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And we were very much in this sense of... that's where I shared the image of, we're in these, like, rowboats, and we're all in our own little

rowboats, and I'm leading one, and maybe Sarah and Nina, and whoever else

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And we're going through this river and just like the cliffs above and there's all these like terrible creatures above. And we have to be very quiet, focused.

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Pay no attention

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Just do what you're going to do. Stay together, keep focused on where you're heading so as not to. It's not so much that we need it. Don't trigger the bad guys or they'll get us. I'm not victim blaming here, but it was that energy of

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That's very loud. We can't focus on it and we don't want them to come and see that we're sneaking away because they're going to devise like a very special hook or whatever. The charybdis in the Odyssey, the sirens, it's like, I said it was Odysseus and then everyone was filling me with all the different it's like every stage of the Odyssey is this is appropriate

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So we were in that moment

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And then I believe it was Sunday night is when I felt the energy vibrating all damn night

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Really good, really powerful, really amazing. And I was like, whew, okay, we made it through the pass. Okay, so here is the final piece of what I got this morning. I'm mashing what I got this morning with the context so we can all get the full picture. So what I got this morning is this part almost made me cry. It was like I was so humbled.

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And so in awe

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That these heavenly helpers are not just out there with their swords and they're shooting down missiles aimed at... we're not... it's not just that

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It is that as these powers that be create new timelines

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We have our choice, our skill, our process. We're doing what we're going to do. But this energy we felt come in many of us, and I know that because again, I got hundreds of comments.

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of you guys feeling it in various ways

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It felt like

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These hosts of heaven, and I'm hearing through the sun, a lot of it comes through the sun, a lot of it comes from them directly, a lot of it comes from our personal guides and guardians who are around us.

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They're

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lightning bolt sending energy into us to physically alter our vibration.

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to match another timeline

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That's the big like

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It isn't just that we avoided that timeline and we chose another one. It's that, oh, and I'm getting chills. They're here to physically Lightning bolt from the fingers to make sure our bodies are adapted to

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Oh, so many chills are adapted to the timelines that they're

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that they're doing, that they're making sure we've made it through the past okay. That means we're applicable to this new timeline. Here's this other timeline. Let's zap everybody who... to make sure we're gonna go on this timeline, okay?

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So

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That was the part that made me feel very humbled and in awe because

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Oh yeah, we have heavenly helpers, and oh yeah, we're being overseen, and we hear that a lot, right? I channel that constantly. We have so much support, but this was a way that I saw it so literally

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So profoundly, and I felt the love, the care, the effort. Because sometimes we feel like we're here

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And we're just, like, hacking it out in the wilderness, and yeah, sure, spirits here, but, like, I still went through decades of financial trauma. I still went through all the crises that I've been through, and y'all fill in the blank. So it's hard to really feel, well, we're supported

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Sure, but life still sucks, like, thank you, no thank you. It's hard sometimes not to have this, like, love-hate... and especially me,

because I have religious trauma on top of it. So I have a very wary

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Relationship to heavenly help, believe it or not.

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And so, seeing this and how they are minute by minute in everything that's happening

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Helping to facilitate the transformation and the shift. And it is we have to work, we have to do our work. It's going to be hard. There's going to be moments where we're going to be knocked off. We have to choose, we have to do our work like oh my God, we're in it, you guys.

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But so are they. And this is very specifically what they're doing. No matter how many timelines these bad guys create, no matter what they try to do, not only are they dismantling and blocking and deflating, but for those of us who really are like, no, you're not taking, you'll never take me alive back guys, like those

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who were in this fight, they really are with us and they really are paving the way and helping us and supporting us.

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And that was just so beautiful for me to experience because this whole energy wave thing is something I talk about a lot. If you're new to me, this is kind of going to be new, but these energy waves are a lot of us feel tingles and heart chakra pressure and expansion, and we feel vibrations, and we feel buzzy

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Sometimes it's dizzy, sometimes we ain't sleeping, sometimes we're sleeping all the day, every day. And it's a lot. And what this process is, is our bodies being physically transformed

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essentially cell by cell, we're being transformed so that we can be an appropriate physical match for the new realities. If you want to call it 5D, New Earth, unity consciousness, the new timelines.

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That's what's happening and it's happening through the body. And what the mechanism that's doing it, it is our nervous system. Our nervous system is facilitating this transformation from I'm attuned to the 3D world where everything that happens

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Cause and effect, I'm going to get hurt, that punishment before is what's gonna punish me again. Everything in that nervous system has to be the old patterns, beliefs, fears, habits, all of it has to be dismantled and rebuilt so that we are a match for the new. So there's a physical layering of, yeah, it's physically happening in your body. The nervous system is the interface between the physical body

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And the spirit and the soul, and the timeline, everything, and I've done a lot of work on this. My recent event with Lisa Williams, where we talked just about the nervous system, the integration point is a class I taught just about this, and I have a blog post called Energy Waves

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That explains how all of this is happening, okay? So this is, like, the new frontier of ascension. This is what's happening, this is how it's happening, and why, and this is where we're going. So this loops us back into, okay, ologia's fear trauma, the financial trauma over the weekend

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That was showing me everywhere in my nervous system that the story was, hey, just when things start to get good, they get terrible again. So you should probably be afraid of that and all the various ways that happened. So I had to go into each and every wound and say, oh, hey, there you are. Didn't know you were still stuck in there. Cool. Love you.

Sorry that happened to you

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Maybe we want to let that go, maybe we want to heal. Maybe I can love you, and hold you and show you what's going to be okay. Maybe you're still going to be afraid, and that's okay, but we're gonna move into this new space, and after a few months of safety, you'll see we can let go. This is what healing looks like, this is what ascension looks like

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And so if you are really in it, if you're getting your ass handed to you, you are not failing Ascension. You're not being left behind. You're not doing it wrong. This is the work of ascension.

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And this is very much being heightened by the powers that be and their machinations. And I'm getting this strong sense that

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They don't fully understand because they have no concept of the light part of this. They may understand metaphysics and energy and dark whatever

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They may know about the juju, the bad juju, but the bad

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whatever

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They can't fully comprehend the power of light. So in the divine plan and all of this. So they're doing everything. Okay, okay. And I keep getting this image and I'm ignoring it, but they keep showing me the image. It is as though... I don't want anyone to take this literally, unless that works for you. It is as though they're sounding some sort of instrument

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And that instrument plays at a certain vibrational frequency, and that

frequency triggers everyone into, oh, be afraid? Cool, got it. It's puppet masters, and oh, okay.

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That's what they're doing.

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But

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They don't understand this transmutation, everything I've been talking about, about taking our pains and our wounds and oh, thank you. You just triggered my financial fear so I don't have to dig around and find it. So it's not still hiding and burrowing into my liver or my knee or wherever it is. You've just brought it to the surface

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Thank you! Okay, now I can work with it, and now I can clear it. Not only did your evil plan not work, but it actually helped me. Thank you!

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So this is

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It's fine! This is why every time Spirit is like, yeah, really, don't worry about it, they're not playing around. They're not giving us big platitudes of like, don't worry about it, and you don't have to work. Yeah, we're working. We're holding on for dear life.

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But it's ultimately doing the most good so long as we

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This image in the rowboat, don't listen, don't look. It's also, you know, Sodom and Gomorrah, they were instructed, don't turn and look back, keep moving forward, keep moving forward.

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So for some of us, that looks like don't pay attention to what they're doing in politics and around the world and that they're warmongering, like, don't pay attention to that. For some of us it is, oh yeah, I can hear it, but I'm not being triggered by that. I'm still in the fray because I'm involved in social justice. We all have our roles

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But it really is about you cannot let that

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Be your truth

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You can't let that be your truth. And, you know, I'm... I'm connected to a lot of really incredible, leftist TikTok creators. I've gotten to know them personally, and I really love and adore them, but I'm getting to the point where I'm like, it's not even what DC is doing, it's the ones who are really

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Cynical and smug and certain they're creating these timelines just as much as the powers that be are creating timelines. If you're putting this out and you're like, I'm so certain, and we're all like

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They're doing the same thing

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And so that's the kind of place where that's where I can't be giving my energy

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Love you, but that is not the way. That is not the vibe. I'm going to do my own thing.

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So, this is that's what I got this morning over coffee, just a casual little eating my eggies and drinking my coffee and like the whole everything.

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Okay

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Well, let me see what else they want to say about that

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Okay

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I... I do... I am gonna ask them

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Okay. I'm asking him about ET stuff.

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Sorry, that was a really vague clunky. Let me... I forget you don't hear what's in my head. Okay. When you talk to spirit a lot. I don't have to use sentences. So sometimes when I talk to people

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I'm like, hold on, Gia, tell them what you're thinking. Okay.

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There is a layer of this. A lot of people saying

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War in heaven

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And they're trying to fight the ETs and all this disclosure is just because they're fixing to do a Project Bluebeam, which if you haven't heard of that, it's allegedly that the government has planned a fake alien invasion so that it will teach us to all be afraid of ETs and aliens so that we won't appreciate them when they come. There's a whole lot of ET stuff

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happening. And I've talked a little bit about that in some of my videos, one where I specifically said disclosure is not... true disclosure is not coming from them. Anything that comes from them is going to be distorted to fit an agenda. True disclosure is coming through the hearts and minds of

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regular people who, whether we have gentle contact or first contact, or whether it is a recognition and understanding and knowing of how this world works, and who all, what all is here, and why. And I will tell you that my last Signal Fire event where surprise, a reptilian collective came through to be channeled, and that was

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Surprising and just delightful and very affirming

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But the entire month after that, since making that connection

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And side note, if you weren't there, there was absolutely nothing fearful about it. It was the true story behind the hype and the fear and the panic and the drama and the

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All of that. So if you're curious about that, interested in that, please, I encourage you to watch that. It was very illuminating and helped us understand how this world works, why these sort of quote-unquote darker

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Not super light beings are allowed to be here, and why? And if you've been struggled... if you struggled with feeling

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you know, Earth is a hell planet, it's just too hard, and we're just here to suffer, and we're at the mercy of these bad guys, like, that session will help you really understand the bigger picture. It ain't that. There's a

larger truth here. But anyway, in the space of that, in the month after, I was getting

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Layer after layer of so many revelations of my version of disclosure. Of who's here and why and how they've always been here and

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A lot of the tinfoil Hattie stuff is true. A lot of it is definitely not. And so disclosure is going to be an inside job.

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To help you get what you need to know, because we are never meant to see and interact with every single being and energy and entity and whatever. We're never meant to know all of it. You don't have to know all of it. And so let disclosure be a soft opening

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So that's the context they wanted to give on the ET timeline.

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Again, at the end of the last session

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Someone asked, like, how many timelines are we talking? What does the future look like? And I was shown some general big timelines. And it's more about like, what does your soul want to experience? What did you choose? What do you want to choose? Where do you want to go? And there was like a really beautiful solarpunk type

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you know, return to the earth timeline. And there is one that's very ET focused, and I'm not saying that these cancel each other out.

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But sometimes it can be hard when we take in a lot of messages from a lot of seers and channelers, and we're getting stuff ourselves

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The future seems muddy. Is it this or that? Is it together? Is it

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It's unclear. Because yeah, the future is always being created, but

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Very specifically, there's an ET timeline

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I'm going to make sure I get this right.

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There is an ET timeline that has a lot of peril in it.

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Okay? And that's not because ETs are bad and scary. It's because there is so much collective layering, programming ideas about ETs and the war of the worlds and world and there's a lot of

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sort of benevolent bypass that goes with it. We don't have to do anything, the ETs are going to come, and they're going to save us from ourselves, and they're going to give us the med beds, and they're going to kick out the bad guys, and we'll have no money. And so, that timeline does exist, and there's a lot of potential

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But there's a lot of struggle in transmutation and clearing that out, and not all the bypassing is never a good thing. If it takes you too far out of your body, too far out of personal responsibility, sovereignty, collective responsibility

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That's a path that brings you into hard lessons. As I mentioned, my 2020 experience where I had been sort of bypassing, we just love and light and I don't have to experience anything icky. And the universe was like, yeah, babes, you do. And here's why.

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I wasn't being punished, but I was being put through the experience I needed for my soul to understand the breadth of contrast. And so this ET timeline is very much like that

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If you want that great, wonderful, awesome, this is where the choice comes in. What does your soul want to experience as a potential on Earth? Yeah, and Chelsea says, or do I just tell my guides, take me wherever I need to go?

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This idea of surrender is really beautiful, powerful, and important, but again, we have to at least have enough skin in the game that we're participating and using our agency. So, yes, I do a healthy dose of spirit, I am really in my head, and I don't know what I want

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So just like show me

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What are the... what are the options? What do I want? What did my soul choose? Help me out here, guides. Let me know what's up. So, a lot of working with the guides and that surrender and allowing that to happen.

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So there's a tremendous amount of choice in the future as we go in, but this ET timeline in particular is really fraught.

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And I'm hearing, you know, there are a lot of folks with soul karma of wars

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Intergalactic wars as well, a lot of stuff there, and that timeline may be appropriate for you to go through what you need to go through to work through that karma, because ultimately, this ascending lifetime is the

opportunity for all the karma in our soul's path, our soul's history, our ancestral history, all of it, to be brought to the surface to be cleared

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It's a very much purifying the bloodline, clearing the soul history, and making you so completely healed whole open, coherent, that true creation once again becomes possible.

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Right now, we're limited in what we can manifest, both because of our past, our nervous system, our body, the collective reality, the shared, I'm not just in my own sandbox, I got... how many of you guys, and we're doing this together.

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And then broader out in the world, I really like you and your vibe. I do not like you. We have to

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It's tricky to be real peer creators in this realm

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And so ultimately Ascension is about clearing the slate

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to not just wiping it away, but really transforming and transmuting

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so that we can come into pure creator state.

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And yeah, I'm hearing and become magical and become, and I don't know how literal it is. Can I point a finger and manifest a pie? Like, I don't know. Or is it just, I'm no longer hindered by all these systems that are just to extract and control

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Somewhere in between or maybe more than I can

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More than I can even fathom here.

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So, so that's, that's kind of where we are and what's happening, and

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Okay, okay.

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I'm asking about

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Can we know about the booms and the earthquakes and the whatever

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As you're saying, that's not appropriate for this conversation at this time. Those who want to know will find voices the broader importance is to stay anchored to sovereignty, freedom. Pay no attention to the man behind the curtain

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Point is

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Things may happen that you will be protected from. So why would you go digging? If they don't want you to see it, why are you looking for it?
Okay

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I felt a little chastened lovingly, lovingly chastened. If they're not showing it to you, don't go looking.

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Things are happening, they're trying, and don't worry, we're okay.

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If you really want to go for it.

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But I'm not gonna. Okay. All right.

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I did see a comment

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clear FAR, just really quickly, why don't enough of us connect to our ancestors? Excellent point. I personally

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I have, again, a lot of religious trauma, and most of my ancestry has been co-opted from into Christianity, and I have to go real far back to get to my ancestry that I

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appreciate their guidance, I'm sorry. I prefer to work directly with celestial beings, because it's my personal preference. So a lot of it is, no, we haven't really been taught. That's not kind of a white people tradition. It's more Indigenous has kept that connection to the ancestors

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And for white folk, most of our history has been eradicated, and we've been colonized, too. Our people go back far enough, we were all pagans, nature-based, tribal, until, you know, warring tribes came and said, nope, we're better than you. So, that's the side note there. I actually do work... I live, excuse me.

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I live here in Utah. And I work with the indigenous peoples, the guardians of the land here. So I work much more with other people's ancestors than I do my own because that's a personal preference.

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All right.

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Okay

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So that is complete.

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Do we have any questions on that or things to clarify before I move on?

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I feel like that was both everything we needed to know about the weekend, why the vibes were off, what Spirit's doing about it to protect us, why it's beneficial to us, and the overall... this is really what Ascension is, and so we're going to have these moments in these passages

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But I really, really loved this idea that

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Once we, through our work and our steadiness and our... okay, okay, okay, okay, they're telling me, all right

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A lot of the reason I don't talk about this out there on the internet is because I'm not here where I can really give you too many words, where I can really give you all the nuance and the understanding, because someone casually hearing that, it actually triggers a lot of

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Trauma and a lot of hypervigilance. And this certainly happened to me in 2020. We had another drought then, as we did now, and I was like, that is it. The Earth is dying, and if I don't manifest a better Earth, the whole earth is gonna die, and it's all my fault. That was my psychosis and trauma and paranoia, and it's very much like an OCD hypervigilant

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What's the word? Hyper? There's a word, I can't remember anyway

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It's a specific type of OCD that makes you feel that you are personally responsible for all the bad happening, and so you really get hypervigilant.

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That is not the truth of what's happening.

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And if any conversation of this triggers that kind of fear and hyperindependence is not that, it's something else, but

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I mean, it may not be important. That's why I don't remember. So

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If

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This information or information like it that you have to do the work so that you don't go on the bad guy timeline, if that triggers fear in you

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The fear is what needs to be worked on.

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Lauren says it's the harm subtype of OCD. Okay.

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That fear and trauma and hypervigilance and shame and panic is the wound that needs to be worked on.

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And again, that's what I did for the better part of a year.

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Do whatever you got to do therapy

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Little gardening, whatever, whatever support works for you. And this is why I always boost the work of my dear friend Nina Shine because she is brilliant in working in the nervous system with private sessions, sativa, you know.

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I'm not a doctor. I'm not giving medical advice. I'm saying the panic

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The paranoia, the

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All of that is the wound

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It's not telling you the truth.

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Okay, so yes, if anything triggers you, you've just found the wound, not the truth. Okay, perfect. Okay, there were some questions. I'm going up here.

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Yeah, Michelle says, it seems like we're really going to go through whatever we're going to go through. We can't positive manifest it away if we have to go through stuff. Correct. That's hard, because it can make us feel in despair, like, well, then what's the point? I can never... nothing ever matters. I've been... I've been through years of that as well

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And that was also something I needed to go through to kind of get into, it's not either or. It's not either we can totally blast our way through or we're hapless victims and we have no control. It is that middle way of learning to work with what presents, to understand if it's presenting, there's something to be worked with, there's a benefit

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And when I'm not in the trenches phases, then I am more magical and can manifest and create. And the more healing and excavation you do, the more you can create. So, it's perfect.

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Okay

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Is this happening in other countries too, or is the US reacting to trade or dawn? Okay, both. So I've said in multiple times, ascension is happening all over the world in each country has their specific version of it. And this is kind of why people incarnate in different places for reasons

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It matches your, again, ancestry trauma record, karmic record. Every nation around the world is going through their version of this in their particular culture. What does their culture experiencing?

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Certainly many cultures, many countries have it worse than us right now, and others are doing a lot better. It's what needs to be dealt with, and I've talked a lot about the karma on the actual land of this land mass, and what has been done here. This is our version of it.

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But there's also and

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Trader Don is a worldwide figure, and his actions and the actions of this administration are sending ripple effects around the entire world.

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We're not the only ones doing Ascension, and he's not the central figure in Ascension. He has a very key archetypal figure who is setting events into motion that are setting up conditions for our ascension.

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And that was something that the Time Lord said, was it my April preview? I don't remember which signal fire that the Time Lords... I started labeling the replays, by the way

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Labeling them with who came through and who was channeled, so we can see and remember better.

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And they said very specifically that

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Every single facet of this time right now is orchestrated by the Time Lords. These are incredibly ancient, wise beyond all reason beings that are so big, massive, literally and spiritually

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In orchestrating every single aspect of this, that even when we feel like, oh my god, I've totally fallen off and it's all lost, and woe is me, and everything is terrible, even when we feel that

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From the higher perspective, it's no, no, child, this is orchestrated because we needed to get into the collective wounding.

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And now, certainly, we can look back through everything that's happened in the United States the past year and a half, and it's been awful and terrible and everything with ICE and everything, just the Epstein files and all of the things has been terrible, but now it's a little distance

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We can see how these are the perfect catalytic experiences to bring the healing and the justice work and the collective work and the awakening. It really was necessary. As harmful and painful as it is, it is beneficial. It is necessary. And so to have

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trust that we're not just here, ants on a rock floating through space, and we're all gonna die. There is a divine hand, there is a vision, there is a process.

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Okay, going through it, make sure I get all of my comments here.

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Yeah, Ellen says, I was willing to sit out COVID, but the guys wanted me to fight through it. Oh, bless your heart. You had cancer surgery during that time. You wanted to sit out to fighting my way through it. And I'm sure now, as excruciating and as awful as that was, we can all look back and see the benefit of, you know what, because I fought my way through, because that challenge

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was presented to me. Look who I became because of it. And if there were challenges in the past that I did not survive

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I'm not going to shame my previous versions of self. I'm going to love her and hold her hand because bless her heart, she didn't have enough help. She didn't know. Okay, cool, but I do.

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43, almost 44-year-old Gia

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I got you girl, and we got each other, and Nina's here, and there's so many helpers around the world

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that previous versions of self couldn't do it, and that's okay. I got you. And that's how we're going to treat our past versions that come up.

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Okay, that meant to be, like, a thing of, like, oh, I got this thing this morning, and it took half of our time. Okay.

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It was given to us. It didn't take half of our time. That's exactly what we needed. Okay.

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Okay, I'm going to take a little drink break and I'm going to settle back in and see what Spirit wants to bring through.

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Okay, hold on.

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I just got, like, a barrage of images, and I'm like, slow it up. What's happening? Okay.

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Okay, we're gonna channel. Who are we channeling today, Spirit? Let me take a minute

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I'm already getting a sense of the message, I'm so excited, I'm seeing if we can... oh, what do we have here?

00:47:56.000 --> 00:47:59.000

I'm getting it's kind of

00:47:59.000 --> 00:48:09.000

It's just a lot of them. We've got the Guardians of Ascension, who I work with a lot. The Time Lords are definitely here. This is sort of a collective message

00:48:09.000 --> 00:48:17.000

I'm seeing the party emoji, you know, like the horn with the confetti

00:48:17.000 --> 00:48:36.000

A grave celebration, a grand celebration is in order, great warriors of light, for indeed you have passed a very treacherous, a very perilous moment in time. Indeed, this was another choice point that was waiting in the wings for you. Indeed, this is another continual expression of

00:48:36.000 --> 00:48:54.000

Meeting choice point after choice point to refine your energy, to heal yourselves, to reintegrate the nervous system, to re-pattern the world, to collectively come together in great masses, although you do not see, you do not know, you do not understand the collective experience of this moment

00:48:54.000 --> 00:49:15.000

Understand that millions upon millions upon millions of souls at this moment are connected in the ethers to come together to create new pathways, to create new tunnels through, and to create new expressions of light. For indeed, as dark as the experiences may seem to be in the outer world, understand that the light is growing and building and growing and building

00:49:15.000 --> 00:49:30.000

Understand that it cannot be delayed, it will not be delayed, that your efforts are making a difference, your efforts are the difference. You are the warriors of light, as we have spoken of, who chose yourselves and were chosen to be here in this moment of time

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You are not failing, you are not falling behind, you are not victims, you are warriors. Indeed, warriors feel fear

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Indeed, warriors suffer wounds. Indeed, some warriors do not escape the battle. This is so. This is just... this is the soul's choice.

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Understanding that the wounds that are accrued

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We'll simply be your glories in heaven, understanding that the multitudes of heaven exist around you and within you and beside you to celebrate every victory, to celebrate every struggle, to bandage your wounds, to heal, to lift up

00:50:11.000 --> 00:50:27.000

Please open your heart, open your heart, open your heart, open and receive, open and receive, for indeed, far too many of you are believing in your smallness. You are believing in your victimhood. You are believing that you are alone, that you are not going to make it. You are

00:50:27.000 --> 00:50:38.000

Believing things that keep you locked away from all that can be yours, all the energies, love, abundance, etc. that is awaiting you.

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Indeed, as you come into safety within your body, safety within your heart, as you come into an expectation of receiving positive, your body will come into a softness of receiving of openness

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You will receive the love, the light, the energy, the accolades, the pride, the joy, the celebration that is within you and around you at every moment. And as more of you accept, receive.

00:51:06.000 --> 00:51:17.000

expand into open your hearts to, allow it to come in, you will find yourself becoming a new caliber human in this we promise

00:51:17.000 --> 00:51:33.000

Essia is not simply about healing, although it is largely so. The healing aspect of Ascension is the beginning, the healing aspect of Ascension is the rewiring, the reconstructing, the reclamation, the excavation. This is the journey into the underworld

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to retrieve the lost parts, to retrieve the fragmented aspects. This is the rescue mission indeed

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This is a rewriting mission indeed. This part of Ascension requires a bravery and courage and depth

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A fortitude

00:51:48.000 --> 00:52:04.000

that you have scarcely allowed yourself to understand the courage you carry, the courage, the absolute bravery in a soul who would come to this earth in this moment, in a body experiencing and carrying such hardship and heartache

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You are not broken

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You are so brave.

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You are so brave.

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You are so profoundly

00:52:22.000 --> 00:52:25.000

Powerful

00:52:25.000 --> 00:52:29.000

Dear, sweet warrior, we love

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We love you beyond what could be expressed in this moment

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You are so cherished

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See yourself as brave. Understand this is who you are

00:52:43.000 --> 00:52:46.000

see yourself as brave.

00:52:46.000 --> 00:52:49.000

And you will be

00:52:49.000 --> 00:52:50.000

And

00:52:50.000 --> 00:53:02.000

Alongside the rescue mission, alongside the rescue work, the healing, the reclamation, the deep dive, alongside this, you are expanding. Yes

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You are expanding in leaps and bounds.

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But if the focus and attention is on the fear

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The sadness, the despair, although it is understandable

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You are missing the expansion of who you are

00:53:17.000 --> 00:53:24.000

You are missing the magnitude of what you brought within you to be expressed in this lifetime.

00:53:24.000 --> 00:53:26.000

You

00:53:26.000 --> 00:53:41.000

Dear soul, you brave warrior, you being of light are here as a divine co-creator to expand and create and express and be and become. And you

are only limited by your fear. You are only limited by the expectations of others

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Indeed, you are also limited by the desires of others that may not be appropriate for you. You judge yourself by the ambition of others that might not be your ambition.

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We wish to open your mind now to the moment

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that you chose your incarnation

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Open your mind to

00:54:03.000 --> 00:54:07.000

The patterns, the potentials, the futures that you carried within you in your soul.

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Open your mind to

00:54:11.000 --> 00:54:14.000

All that your soul wish to experience.

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Do you wish to experience love?

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being loved, being surrounded by loved ones, do you wish to experience being the matriarch?

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Being the divine masculine patriarch, not the wounded, not the fragmented, not the toxic patriarchy we have now, but

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The loving, protective, nurturing

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male figures. The world is craving

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Do you wish to be the matriarch who no longer feels shame that the world has heaped upon you

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But to flower in your wisdom, in your age and your years

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In the transformation of your body

00:54:52.000 --> 00:55:05.000

Into a woman who has experienced all life has to offer. Do you wish to be the performer, the teacher, the healer? Do you wish to be simply someone who smiles?

00:55:05.000 --> 00:55:10.000

Someone who skips, someone who reclaims childlike wonder and joy

00:55:10.000 --> 00:55:15.000

Do you wish to experience innocence? Do you wish to experience safety?

00:55:15.000 --> 00:55:28.000

Creativity, fun, joy, expansion. You must open the treasure trove within you. It is what you wish to feel and experience that is charting your course forward. It is not task

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Mission, achievement, expectation. It is experience. It is who you be, not what you do.

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This is the path of extension

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This is who you came to be and what you came to experience.

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This is who you are and what you are, and this is what awaits you.

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You have indeed

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Past

00:55:59.000 --> 00:56:02.000

A perilous crossing

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You are indeed being invited into the fullness of self.

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And that which you nurture

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That which you put as central to your life is what will blossom

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Allow yourself to plant your seeds

00:56:18.000 --> 00:56:22.000

But before doing so, allow yourself to open to

00:56:22.000 --> 00:56:36.000

The treasure within you of that which wishes to be planted. This is the divine surrender that should come to you not with helplessness and free fall, but with excitement and co-creation and laughter and giggling and planning and creativity.

00:56:36.000 --> 00:56:59.000

Oh, wouldn't it be exciting if... oh, wouldn't it be funny if, you know, I've always wanted to. This is the path of ascension, dear ones. This is what is on offer to you now. And the more you open to this and remember this and expand into this and allow yourselves to receive this, the more dominant vibration, joy and laughter and creativity and silliness will be

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The more you will create, the more you will expand, the louder you will be to drown out the fears of that which is expiring.

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Allow it to expire. It will boom

00:57:12.000 --> 00:57:27.000

It will go bump in the night. You do not need to know. It is in darkness for a reason. It is hidden for a reason you do not need to know. Focus on who you are, who you be, what you be, what you want to create and seed and expand, how you want to live and feel and love.

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This is Ascension, and you are here to receive the fullness of who you be.

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Trust in this, expand in this

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Love yourself, allow yourself to receive and be

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Let go. Expand be

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We love you.

00:57:45.000 --> 00:57:57.000

And so it is

00:57:57.000 --> 00:58:09.000

Let me come back into my body after that one.

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Wow.

00:58:11.000 --> 00:58:22.000

As you can see, I became very emotional. If you weren't watching but listening, I was very emotional.

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That was really powerful and I hope

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the power and depth of that really enters your soul, because

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I was very much overcome with

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We don't think much of ourselves, do we?

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Oh, I'm gonna start crying again. We really don't think much of ourselves.

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And it's such a tragedy

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We're just seeing ourself through the world's eyes

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And the judgment and the shame

00:58:59.000 --> 00:59:01.000

And

00:59:01.000 --> 00:59:04.000

Seeing ourselves through those eyes

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is

00:59:07.000 --> 00:59:18.000

It was the perfect opening to get to where they landed, which is that joy and laughter and skipping and I deserve to take up space and I deserve to be silly.

00:59:18.000 --> 00:59:24.000

Yeah, Kelly says, I don't think we grasp the divinity in ourselves

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And I don't think we

00:59:27.000 --> 00:59:30.000

are proud enough

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of who we are and what we've done. That was the part that really got to me. Is, oh, chills again is how brave we are. We don't feel brave. Sometimes, huh?

00:59:44.000 --> 00:59:47.000

We feel terrified

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I was terrified this week, because I signed a lease on an office that I can absolutely afford.

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That did not feel brave.

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But even the come on, Gia, get it together.

01:00:03.000 --> 01:00:04.000

But

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You know, we don't feel brave

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And that's a very universal feeling

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Because life is really hard. And what's that phrase?

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That said, courage is not the absence of fear, it's the willingness to get up and keep going

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Oh, I'm really feeling

01:00:28.000 --> 01:00:34.000

I'm being asked to invite us. We're going to do something here, okay?

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If you want to close your eyes and kind of imagine with me that we are standing in a vast space

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And we are together

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And we are in a circle.

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And we

01:00:54.000 --> 01:00:56.000

We're holding hands

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And in this space, this is a space where

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This is a space where we are being asked to receive

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The gratitude, the love

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But

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More than this

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We are being asked to call in

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Those who are

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Truly victimized in this lifetime.

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Maybe it's you.

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Maybe it's

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The children at the school that was bombed. Maybe it's those who were abused by a certain group of people. Maybe it's anyone.

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Who's been traumatized and terrorized in this life

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And we are being invited to hold the space

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and feel the applause

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Feel the applause and applaud with these heavenly helpers

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For the bravery of those

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Who chose to come here in this time knowing this is what they would experience

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Can you imagine

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Can you imagine the bravery of choosing this

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of saying, I will

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And I know as open-hearted, empathic souls, sometimes we see the agony of what's happening to people around the world and it's devastating and it drops us to our knees

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But what they want to focus on is not the tragedy of what's happening, but the bravery of those who chose to do this.

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And something we say often here, a phrase that came through a year ago or more in these circles is, I volunteer as tribute.

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That these souls didn't just come here because their soul wanted contrast. That's why we all come here. We want to learn through the contrast and challenge

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But certain souls came to be

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brutalized in this life

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not only for their own soul's growth, for their ancestral patterning, for whatever they needed, but for all of us

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to witness

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They're the tributes that

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have come to suffer visibly so that we souls could have a change of heart.

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and an awakening, and an opening of compassion. And it had to be big enough and bad enough and loud enough that the pattern would be shattered and broken, that enough of humanity would say, wow

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Never again

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Not on my watch.

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And the absolute bravery of the souls who chose to do this. That's what

we focus on, not our sadness, not the despair that this is happening, but the courage and bravery.

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Okay.

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Scrolling up through a few comments here to make sure I'm not missing things.

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And I think this really puts us into

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This really puts us into a position where

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This is the mindset shift. This is the awakening is not just

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Now I know that we're all sparks of the divine. Now I know what the Egyptians were doing, and and my, you know, like, awakening is not just that

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Awakening is

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My God, I was so blind for so many years. My God, I thought my body and my beauty were the best I had to offer. I thought my hustle and my income and my status, I thought, fill in the blank here, what did the world teach you about yourself? What did this society teach you to value

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We're coming out of that

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We get to awaken from that prison

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And we can choose to do that at any moment in time

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And this is why I always, I'm so passionate about social justice work and culture work

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Because it's not just that bad guys are abusing people in the shadows, it's that there's a war on women's bodies, there's a war on LGBTQ plus, there's a war on disabled people, there is such a scourge on how we view each other and ourselves, and we don't have to feel that way

01:05:09.000 --> 01:05:16.000

We don't have to think that way. We don't have to live with the shame of what they told us to be ashamed of

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That's an awakening and that is a shift. And we are doing that.

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And that's more courage

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The courage to be seen, the courage to love myself even when people tell me

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you're actually too much, Gia. You should probably be quiet or fill in the blank of whatever your story is.

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I can't tell you how ashamed I am that I have a belly

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Never mind the fact that I have given life

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These are the personal wounds that we carry into this life to transmute.

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It's very relatable. It's very universal, but we don't feel that it's relatable and universal. We feel that it's us. I did it wrong.

01:05:57.000 --> 01:05:59.000

I'm shameful.

01:05:59.000 --> 01:06:04.000

An awakening out of that is what liberates us and liberates the world

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Whatever your particular

01:06:06.000 --> 01:06:13.000

brand of shame is. Whatever the story is

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This is really

01:06:16.000 --> 01:06:20.000

The boots-on-the-ground human aspect of what that channeling is

01:06:20.000 --> 01:06:25.000

They want us not just to topple a fascist regime

01:06:25.000 --> 01:06:44.000

They do. We're doing it. There's people who are really invested in doing that, and I love those people who are doing it, but for each and every one of us, this is a war within ourselves. What's the... I'm gonna be real obvious, what's the fascist regime in your head say about you, and who you're allowed to be, and what you can and can't have?

01:06:44.000 --> 01:06:48.000

Because as above, so below

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If I don't treat my body with dignity and love, if I don't give my body what it needs to thrive, then how can I live in a world where bodies are respected?

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Or where people can afford health care.

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And again, I'm not saying the plight of the world is yours to fix, but I'm saying we have to examine how are we living and what are we believing that is a match for the terrible conditions out there. And we can want change out there all we want, but if I am not nourishing my body or feeding my body or whatever

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It's just an example. How can I live in a world where bodies are nourished?

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And I am very proud of myself and my fight against diet culture and my deprogramming, and I literally was talking to... I have 12-year-old twin daughters, and their friend was with us yesterday, and we were hanging out, and we were having a conversation... they had all recently been to their 12-year-old checkup, and they were like, I've grown 3 inches, I've grown whatever, I weigh this many pounds, I weigh, and I was like.

01:07:46.000 --> 01:08:00.000

Yeah, I have no idea how much I weigh. I don't weigh in my body because that doesn't matter. A doctor needs to know how much you weigh as a child to make sure you're growing, but that doesn't matter. That doesn't matter. And we're having these conversations continually

01:08:00.000 --> 01:08:15.000

And when my girls were little, I immediately rebranded fat as juice because the women in our family, we have juice and we have Juicy booty. And I had to get ahead of the diet culture. Anyway, these are my

specifics, but this is an example of

01:08:15.000 --> 01:08:28.000

This is awakening, this is ascension. What are the terrible lies we've been told about ourself that we allowed that to be the shame, the boot on our necks? And we can want change in the outer world all we want, but what's happening in here?

01:08:28.000 --> 01:08:35.000

And how do we do that? And how do we free ourselves of that? And how do we just allow ourselves to live and be seen

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And those of you who've been following me since the very beginning, y'all remember my terrible shag haircut

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I laugh because I had a really cute shag, and then I went to this new stylist and he butchered me, and it was so terrible. And I found this other stylist and he fixed it, but it was still, it wasn't my best look. So I was in the long journey of growing it out.

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And

01:08:59.000 --> 01:09:12.000

I did a little video with the new year, you know, the trend, like, show you the first of the year last year, the first of the year this year. I was astounded at the transformation because it wasn't just my hair. I do love how it's growing out. I'm very happy.

01:09:12.000 --> 01:09:21.000

What was so astounding is how my face changed. I don't know if any of you... I've had some people say that, Gia, you look so different

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I really

01:09:23.000 --> 01:09:35.000

I'm winning my battle with my inner demons that tell me I'm not beautiful enough. And I've noticed that as I've been doing that, my face looks different. And I don't know.

01:09:35.000 --> 01:09:38.000

I don't know how that happened, but it did.

01:09:38.000 --> 01:09:44.000

And I'm telling you this because there is truth. There is truth in this path

01:09:44.000 --> 01:10:01.000

You will change as you love yourself and eradicate the thoughts and beliefs and fears and the things we adopt. You will physically change. So why not the world? As enough of us do this, the world changes. It must be so

01:10:01.000 --> 01:10:07.000

Okay.

01:10:07.000 --> 01:10:14.000

I'm gonna take a little drink, I'm going to kind of scroll through a little, see where we're at. Okay, Spirit, are we?

01:10:14.000 --> 01:10:27.000

I turned back in to be like, what else do we want to say before we move on? And I just heard thunderous applause. They really are celebrating us. They're really celebrating us.

01:10:27.000 --> 01:10:32.000

This ought to feel this ascension ought to feel more like joy and celebration.

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And confetti cannons and cake, eat all the cake

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I do eat whatever I want, by the way

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This is my body rebellion

01:10:42.000 --> 01:10:46.000

We don't do the D word in here anyway

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They really want us to celebrate because, you know, me being in activism for 20 plus years

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I'm really excited.

01:10:57.000 --> 01:11:01.000

I get excited about things that most people are angry about

01:11:01.000 --> 01:11:11.000

Because I love it, and I love the change, and I love the fight, and I love how people are waking up. To me, this is fun, and it's exciting, and it's like, oh, yeah, I'm very excited about it.

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But in all these other ways, as hard as it's been this past while to get through this financial trauma

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I am so proud of myself, and I'm so excited that even though I was terrified, I still signed the lease anyway, and now look at all this exciting stuff I'm about to do. It's gonna be so great.

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This should feel fun.

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Creative, expansive, giddy

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And the more we focus on that, the more this is like we're kids and I keep saying in the sandbox, I use the sandbox metaphor a lot. We're building sandcastles. Oh, don't like that. Pour the water, start over

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We need to embody that energy of play and excavation and expansion because it's so fun and what we're doing is just like joy. So, so exciting. Okay.

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All right.

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Listening here

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They're like, Nope, you got it. Tip of the hat, milady. You took that and ran with it. Thank you. Okay, all right. So I'm going to take a little little drink

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And, you know, just side note, I share a lot of personal stories. If you follow me, you know

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It's not because my struggle is

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like better in some way. It's just I want to be authentic about what it feels like

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This is hard

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This is really hard. And I also want to share specifics because we can get in spiritual circles, we can get accidentally vague

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And what does that really mean? And that's cool, but, like, what? And so when I share these very specific stories of I said this to my daughter. I did this to myself. My face changed.

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that makes Ascension real

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We're not just here

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Listen, we're not the angels with the swords out in space. I mean, we might be. Some aspect of our soul is probably there, but us in the body, we don't have to worry about all of that. We're here to just create and play and expand and grow. And so all of these very human

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Things were going through are not a distraction from ascension. This is what it is. This is what it's like, and it can be a lot more fun. They always say that. They always say it can be a lot more fun than we're making it.

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Okay.

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All right, I'm gonna take a drink.

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Kind of reset and see what wants to come in next. And I do see a question here about free ourselves from financial stress.

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Hold on, let me take

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I need to see if we're gonna go in that direction, because I've actually... I actually feel like I want to do a special event on financial trauma. So I

don't want to spend too much time on that here, because we need to talk more about that. There's a lot of really well-meaning stuff about manifestation and abundance, mindset, and for my liking

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It's a little too vague

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And I want to get real specific with it, so... alright.

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We'll go there a little. First of all, I would love to know

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This past week-ish, when I was talking about, you know the ship that went to were you guys also in your own private anxiety like I was? Like, I got that from so many of my comments from all the videos that we, as much as we felt this vague something out there, it was also triggering a lot of personal stuff

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And I want to know if there's general patterns or if it was we're each in our very specific hell.

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Okay

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Anxiety, money, okay.

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And isn't it so comforting, by the way

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I love that I have such a big audience because across all my, I'm on Instagram, YouTube, and TikTok

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I get hundreds of comments a day. I feel sad that I can't keep up with them all. But,

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We see the patterns and as you scroll the comments, I hope you scroll the comments and see all of us who are like

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Oh, I'm not the only one. Okay, we're really all feeling this. There's such comfort in that.

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Bijou life as pop businesses life is popping in so good. I want to say something about

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Sometimes people are doing awesome, and that's amazing because we can't all be in the pit at the same time. We have to have some people up above the pit holding the ladder.

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So sometimes we're in it and sometimes we're not in it. So if you're ever not in flow with what the general vibe is, awesome, cool. You're on the relief crew or vice versa, because there have been times where I'm like, oh, the blitz energies. It's amazing. And people are like, I want to die.

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We take turns. It's okay

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Okay, Lisbeth, stress-induced night terrors, my lord, okay, we've all been foreboding, stressed, anxious, terrified, okay?

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Okay, so

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A lot of what I'm seeing here

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Really kind of

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What am I saying? It validates what I shared in the beginning about it's like they sounded this alarm, whether that was literal, and they sent out a vibration, or just because they're doing a thing that really triggers our anxiety. It really is like.

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Everything in us that is stress, anxiety, existential fear

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Just, like, pop to the surface, and we were like all battling. So it kind of had a specific flavor, but it was the general vibration of anxiety, panic

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all the things. Okay, I'm going to scroll through a little, make sure I'm kind of seeing things.

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Okay.

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BG was like, don't worry, my personal life is not great, so okay.

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Listen, we're never always succeeding, and that's okay, and it's normal.

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And I could tell it wasn't my personal anxiety. That is another layer of this as well, when... especially when it's collectively very loud, we're feeling other people's stuff

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And it's not even ours, which is why I got on the horn with Nia in the first place, because initially I was like, oh yeah, I'm totally in it. I'm working

through

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But it wouldn't go away. And when you work through something and it doesn't go away

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Or even when you first get it, that's like empath 101. When you're feeling something. You got to ask spirit, is this mine?

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Because if it's not yours, and it's not beneficial, it's not, like, purposeful for you, it will dissipate. You don't have to feel everyone's everything. So a lot of us are just like, what are people feeling? Okay

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All right, so plenty of financial anxiety. Okay, okay, okay, okay. I just am hearing, yes, of course. Of course you have financial anxiety because financial stress, survival scarcity is a 3D construct. It's almost like

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become the entire

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Because your 3D history has intimately sewn financial struggle into survival struggle, every human will experience it and not simply once

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It is a universal struggle. It is at the core of survival struggles where generations past, you know, they had disease and they had tigers and they had invading

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We don't have that anymore. It's money.

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All of our

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Not... okay, we still have sickness, and we still have threat, but

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Most of our survival-based patterns from the past, you know past lives, ancestral, whatever our karmic Akashic record, whatever, is going to come through financial struggle because in modern capitalism, if we're not financially stable, we don't survive

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So

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understanding it's your financial struggle, and the reason it's being

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Really? Okay, hold on, hold on.

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Okay.

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Pardon my wild face. Okay I just got this coolest thing. I kept hearing the shofar has sounded, which is biblical. I believe that's in Revelations and there were what seven shofars or something

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and the shofar sounded, and then like a new fresh hell erupted. Is that right? I I have disavowed myself of Christianity, so I can't tell you if that's true, but that keeps coming to me

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And you know they said that it's like they sound this vibration. So the thing that I was like, oh my God, and my face was doing the thing.

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The dark powers that be, my air quotes, dark powers that be

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Are sounding the alarm and doing a thing and triggering the vibration thinking it's for their rottenness

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They don't understand the light aspect of they are hastening the awakening.

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And this goes back into what they said early. They don't realize the light, and that light can make good out of everything. But then we have the weird distorted layer where, remember how it leaked that, yeah, they're actively trying to create a holy war in the Middle East to hasten the second coming

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There is actually levels of truth in that, but it's perceived through their distortion. They want actual Jesus to come down because that's their thing

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But they don't understand that what they're triggering with the shofar blast and the anxiety sounding is they're triggering our awakening. Oh, you just

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Schofard financial trauma? Cool. You think you're hobbling people. Actually, thanks for that. You have just liberated. You've brought their trauma to the surface so they can work with

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Does that make sense?

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They think they're hijacking us. They actually are facilitating it for us. Thanks.

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Wow. So

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We talk about that a lot in terms of like

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We love to hate Trump. He is the archetype of all that is vile. I call him the embodiment of the seven deadly sins. He's a very beneficial figure, and he is a straight up terrible, awful human. And we can appreciate him from the celestial perspective of, wow, without him, we really wouldn't have been able to have this experience

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for the good, for the awakening. And I'm just seeing this, like, so literally, and I really hope you're picking up what I'm putting down here. They think they're delaying it, Biju says, he's the catalytic converter of awakening

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Yeah, Amanda says the way they are breaking the system is the same reason for the awakening and why we're going to end up fixing it. And that message was like continually through my what's coming next events last year is that Don't worry about what they're breaking. Yeah, it's going to be scary and unstable for a minute

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But the fact that they're breaking it is going to force the cleanup crew to go there first. Everything they break will be first on the agenda to fix, so let them break it all. They said multiple times, let it all fall down. This is necessary. But just like the delicious irony of the fact that they think

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They think they're bringing about the second coming in this literal weird Christian way. I'm also not knocking Christianity as a whole for those who find benefit in it. It's just my religious trauma is very loud. And there are people who use it for truly terrible things. So that's what I'm talking about here.

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So they think they're doing a one thing, and then on the other hand, they also think, aha, we're gonna harness enough people into our dark timeline that they can never ascend, and we'll keep

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We'll stay in power and we'll keep, you know, feeding off that gross energy. But what they're doing is neither

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They're actually facilitating the conditions that allow us to shift.

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Isn't it perfect? And yeah, yeah, and the Time Lords are like in their robes and their wisdom and they're like nodding. They're like, this is what we told you

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That every single everything, it really, like, blew my mind. And if you watch... if you watch whatever session that was, March or April, I did... I do the weird face thing. I'm very somatic when stuff comes in

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I was so blown away by

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The enormity that really and truly every single everything was very specifically planned

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And allowed and facilitated because it's the exact ingredients you need for ascension, both personally, 8 billion people and collectively. And the enormity of that blew my mind. I still can like not wrap my mind around it

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Oh, okay

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Scroll up and make sure

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I try to keep up with comments. It's hard. There's 100 people live. I know not all of you are chatting here, but yeah, Lisbeth says he's forcing us to work through our stuff instead of moving around it. Christianity wants you to just let it happen. Spirituality says I don't need toxic spirituality, not all of it says, I don't need to participate

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But that's not... Ascension is about embodiment. Get in the body, work through it. What is already in your body that needs work. So yeah

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Okay, so I am going to do just a little bit on the financial trauma.

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Give us a taste and then watch for a session. It's going to be, I think it's going to be a free session. As I mentioned before. Before I hit record, me having this new office will finally allow me to do a lot more stuff where before, when I'm in my home and I have to like

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Do it while the kids are gone, I'm limited, and I try to make it all fit in one event a month, but now I can kind of break out and do lots of different things that serve different people in different places. Some will be advanced, some will be a deep dive intensive, it will be more of an investment. I can do a lot more free stuff

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Oh, who's here, Daisy? Hi. Come on.

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You see her?

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Hi, honey

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We are being graced with her presence. She usually doesn't come in when I'm doing work anymore because she's

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She's accepted that mom is ignoring her. Okay.

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All right, so the financial session will be free because the ironing of charging you for

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To learn how to be unfinancially scared is just, I'm not doing that. Okay

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But we're going to give you the

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the juice, the CliffsNotes. Okay, so

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It's very layered, it's very complex, and while a lot of the manifestation dogma around it can be very beneficial, a lot of it actually ends up bypassing the reality, the responsibility, as well as the trauma.

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Because it's not simply that

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Oh, no, I'm not making enough money. Oh no, I lost a job. That puts us in such a deep survival fear

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that it's, like, it's almost like its own set of rules

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there's... there's a different vibration, a different heaviness to different

kinds of traumas, and sexual trauma and survival trauma are the deepest, the heaviest

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And the reason those are also so deep and heavy is because there's a layer of shame that I did this. I failed. I'm not good enough. I can't make it.

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And a lot of the manifesty talk

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Kind of reinforces that unintentionally. Because it says if you just act as if and there's a lot of things there, it can accidentally give you the idea that, well, it's up to me. And if I just

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Think happy thoughts, it'll all work out. Well, it's not working out! I didn't think happy thoughts! And I... and then it triggers the avalanche of shame.

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But the fact of the matter is, not only Kathy says, will you bring Daisy along? I actually will. I already have planned gonna have her little dog bowl in her little bed, and she'll come make a little... she'll come with me sometimes. Okay.

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Also, full disclosure, I'm hiding from my kids this summer.

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They're 12 and 15, I can leave them alone for longer periods, it's all there. Okay.

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So, the other thing to understand with financial trauma that most manifesty stuff doesn't touch at all is that we live in a collective system that we don't have control over.

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And I'm not quite of the mindset that it's all we manifest and then the system doesn't matter because tell that to a person of color who's being rounded up by ice. It is real, and we can't bypass the reality of it. We live in late stage capitalism. That is a reality we cannot completely

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Avoid ourself out of

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And so a lot of the financial trauma we're in right now is because of this karmic clearing, the shofar has sounded all of the stuff we've talked about. It's triggered. It's going to trigger. Okay, okay, okay, they're saying

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Really?

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Okay.

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They just said

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The tribulation

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they say there's 7 years of tribulation, and I believe there's 7 shofars

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There's a correlation with the chakras

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This is almost too perfect, really?

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They're saying whether you want to take it literally or metaphorically doesn't matter. There's wisdom, there's structure, there's benefit into the layers of what we are releasing. Oh, yeah, okay, okay, so over the past

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However many years, each of these great tribulations that we have been through correlates to a specific chakra, and it's not necessarily literally

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That we're clearing crown chakra wounds this year and next year this wounds, it's how it's how the body maps trauma and stores trauma and it's just an as above, so below kind of thing. But each of these major eras of trauma of trauma, terror

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Both. It's triggering a different

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area where this stuff is stored, and the archetypal wounding, whether it's yours, ancestral past life, collective, etc.

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Part of the reason I got the giddy face

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Is that

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For the past few months, remember they were really saying creativity, we need to be in more creativity, we need to expand our creativity. Creativity is how we build new timelines, and it puts us in a new energy where we can't be extracted from. That's something I talked a lot about. And then... oh, Daisy, are you leaving?

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Settling in. And then, I did the Bowie channeling, and it was so cool

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guess where creativity is in the baby maker, in the womb chakra, and now we're into financial

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Why are people, you know, people say, oh, the Mag or red hats, you're mad about gas prices, but you weren't mad about rape.

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Because someone else hypothetically being assaulted does not trigger their survival fear, but not being able to afford gas and groceries triggers survival fear. That's why they care about it.

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They don't have the same kind of empathy that, you know, lightworkers and empath... I don't want to generalize, but you get it. Okay.

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So this is why I got so excited, because it feels like we're coming to the end. If we've been steadily working through the layers of trauma, and we're down into the root chakra, financial, survival, being rounded up by ice trucks, being bombed off the face of the earth, we can't afford to eat

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Can we ever afford to buy a home? These financial struggles are survival-based struggles, and they're very deeply in the root chakra. That's at the core of how we root into the earth and connect into the earth. Now, of course, there's other chakras, and this is only one

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Tradition of how energy works. This isn't all truth, but the metaphor is apt that we're at this layer now, and that is why it feels so intense.

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Because it's survival and we're not going to make it. So

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What Spirit has been telling me to kind of

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Get to our financial how do we wrap it up in the briefest way

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When we are in a body that correlates to an external physical system of

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Commerce, capitalism, survival, pyramid, patriarchy, the guy at the top, the Jeff Bezos has all the money, and Amazon workers are dying in the in the like that's the system we're in

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As we are in

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survival records, whether it's nervous system, ancestry, collective layers of reality, the collective game we've all created through co-creation, through millennia

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As we are in that layer of reality and working through that layer of reality, the excavation of the wounding becomes targeted and pointed to all parts of self that are woven into and a match for the external systems, burping, clearing, okay?

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Remember, I've given the metaphor of the Velcro

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a Velcro that... that's how we peel out of 3D to 5D. We have to all the little places that the velcro has hooked into the other side little

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Little hook by hook by hook, we're having to disentangle ourselves from the 3D world, from the old world, the trauma record, like whatever

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So this is another layer we're having to go through all the different layers of financial trauma. And as we do one by one by one, we become detached from it. Now, this gets into what Spirit showed me, I believe in the March signal fire. Side note, this is why I now offer the Rebel Mystic Society membership

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So you can pay and come and get every single one, because spirit gives information that feeds off of it. So this is like a living doctrine of moment by moment information, but the layers build on. So we have all this knowledge. Okay

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So what they showed, and I think the March signal fire was where they showed the grid of light is lifted up

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This net of light is up above the earth. We're... we're pulling up and out of the old 3D matrix grid, and it's us. And individually, when we come to our level of healed, readiness, whatever, we pop up on this grid, and as we're up here, we're now starting to see

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New ideas, new inventions, new business styles.

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Co-ops

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like, the whole Spirit Airlines thing got everybody really excited. Like, we're starting to create new systems, new structures. Wouldn't it be cool if how about we just do it this way? Wait, maybe we don't need that. So it's this simultaneous process of disentangling

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From the old world, while all of our trauma is triggered by this terrible late stage capitalism, as we pop up, we now are the creators who are starting to blueprint the new way. And what Spirit said is when the

moment is right, when the 3D matrix is finally dismantled enough and falls apart.

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The new grid that we have been creating is going to plop down and just plug in

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And

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Yeah, they've said, unfortunately, financial hardship is a hallmark of this time.

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It is archetypal, it is universal, it is unavoidable, attach no shame to this experience

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Understanding that this is serving you and as the collective system is being reexamined. We're seeing the obscene wealth that the administration is generating and hoarding and stealing while the people are suffering. This is really fueling the Great Awakening more than anything else, at least the political awakening

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And as Spirit has said, when this regime is toppled, not if, but when, when the regime is toppled and the new crew comes in to clean up the mess.

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They said one of the very first things, we gotta look at Medicaid, we gotta look at Social Security, we got to look at all the things they took away that actually helped the people. And we got my man, Zoran Mamdati in New York, who's just, like, straight up

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We're paying for childcare. We're taxing like he's just doing it.

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All of this is blueprinting the news so that when the regime is toppled, this blueprint is ready to be installed, and we're gonna start with better social structures and social systems, and I still have the old what's coming next in my... in my library, if you want... want to still download it. It was

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October, November, December is really when spirit hit hard of what new is going to come. And I was shown this image of dump trucks of money going back to the people, and they were saying it's not literal

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It's not we're all going to get our \$5,000 check from Trump that those people wanted. It's about a redistribution of how money and wealth and resources are being distributed. Access to care, access to whatever

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More affordable food, more affordable housing, they're going to cap predatory, you know, eliminate predatory lending practices and cap percentage of profit like there's so many things that spirit showed me that we're just going to have this dramatic change, dramatic change in how society is set up

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So, going through this financial struggle hardship now is our way of... we're in the seventh circle of , we'll call it that says shofar, because I don't fully understand the shofar metaphor. I'm not probably using it totally wrong. The fufur dealer

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I'll use our World Cup. You know those tubes they play at the soccer football games? The Foo Foo Zilla of financial drama has been sounded.

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And we're being triggered

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And we're going to see a reflective financial wobbling. You know, a lot of psychics and people are like, financial system's gonna crash. I've never been shown that. I've seen

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key facets

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fracture, crumble, alarm bells are sounded, and again, this is now we know what needs to be fixed. First, we had to crack it so that we don't keep considering it inevitable, unavoidable. The gold standard. We have to crack

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The dam

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And we have to be sufficiently triggered to heal the wounds. And as this all happens simultaneously, enough of us are coming up and we're building, blueprinting the new and starting new. I saw someone mention Mayhem Marketplace.

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I'm furnishing my new office with fines off Facebook marketplace. Like we're already doing communal commerce, right?

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Y'all are paying me a few dollars to come, and I'm giving you energy and insight and guidance and community, like, we're already doing this, okay?

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This will become the blueprint that installs when the old has sufficiently crumbled and washed away and been removed. It is all coming.

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So this is kind of like a, I guess I didn't really get into

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Whatever it was what it was. It's what came through. So that's why, yes, as we do a money trauma meeting, that will be a little more teaching.

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But this one is about

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Why we're in it now, the financial has been sounded, and we're all traumatized, and you're not alone. And so work through what it's bringing up

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And start to look toward Wouldn't it be great if or new solutions that are already here or

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etc. Okay

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All right.

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I know it's called comfort, because it's so

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Like, money trauma is so weird. It's so weird. I cannot

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underestimate how triggering it is

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Whereas other kinds of trauma are like, wow, I'm really hurting and that, you know, but this is like, we're all going to die. Like it's cool. Financial trauma is so terrifying

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And that's what makes it feel urgent and like we're never going to solve it.

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And we get in this loop of a frenzy, and we can't fix it

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So I hope at the very least that is very validating and makes you feel really good about like, hey

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It's not because you suck, it's because we live in late-stage capitalism.

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It's not our fault. Sure, certain things. Listen, y'all, I've been fired. Twice. You've heard me tell that story.

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And one time I wasn't told why, and the second time I was told because they're going to hire a man who's older than me, because they think the company will listen to him better than they will listen to me. And I wish I was making that up

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But that is what happened and that's what they said to me.

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So

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Not my fault, the other one, maybe it was my fault, maybe I was just terrible, but I'll never know, because they didn't tell me why.

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It triggers shame nonetheless, that whether I did it because I suck or it just is this misogynistic company, I put my babies in harm's way. I let my husband down. I let my family down

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So whether or not they shamed me, I shamed myself. So that's also why financial trauma is very sticky and very layered because shame is the heaviest

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heaviest of anchors. In fact, I did a whole training, I did a whole light circle on shame. It wasn't live, it was recorded. I recorded it, I put it up, and then I never told anybody

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It's secret shame training one of these days. Okay.

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Because shame is really tricky and really sticky, and it will make you believe it's your fault. And if you believe it's your fault, you won't seek help, you won't believe it's solvable, you will stay in your pit. And financial trauma has so much shame that we just stay in the pit.

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But it isn't true. It's a story that keeps us down. It's not true. Okay.

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All right.

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And then take a little drink break here. We're coming to the end.

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I'm telling you, I don't know about you guys, but my experience on the inside of this, because, you know, I'm open and I'm channeling, and I'm doing the things, it feels like it's been 5 minutes. It's been an hour and 45 min

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Please fly by for me. Okay.

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I also could literally go for, like, hours.

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Gemini problems, I have all the things to say, and when spirits coming in hot, I have all the things, but we need space to process and unpack and integrate. I do really hope that you re-listen when you buy these, because the more I re-listen to my own

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Because even though it comes through me, the minute I close this laptop, I don't know. I don't remember because when you're in spirit, it's a different kind of energy. So I keep watching and I keep re-listening and things hit different when you hear them on repeat, especially when you heal something, then you hear the same thing and it feels totally different and spirit messages are beautiful like that

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Okay.

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What else do we need to know, Spirit

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I just keep hearing the applause. You did it! We are doing it. Okay, okay, okay, okay. I

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I'm going to ask

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The astrology of July, have you heard? Supposed to be popping off

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If you're on TikTok, you've probably heard a lot of the barbo basket. Barbo was a French astrologer who

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I'm gonna get this wrong. Maybe someone put it in the comments

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he, he's an astrologer, you know, his sort of claim to fame is he was wildly accurate, but he also predicted COVID and blah blah blah, but what he sees is that beginning in July, there is this very particular beneficial alignment where it ushers in this new era

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It's the new Earth, basically. It's the new Earth. It's ascension. It's everything we've been talking about

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So I want to look at, I know I'm going to do a session for July, but we're going to see what they want to see what they want to drop in to kind of have us prepared. Okay.

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What I was, like, reacting to is, like, June is really the squeeze, okay? I... and I just... it's the wash rag being wrung out, which is interesting because

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Before that, the image I was getting, it's like in a cartoon. I always get cartoon references. My growing up with Looney Tunes really came in handy of someone being grabbed by the heels and shaken so all the pennies fall out of the pocket

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And it's, you know, the sheriff of Nottingham in the Disney where he's

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found it on the cast of the guy to get all the money out. That's where we've been. We're being shaken every last bit of trauma, get out, come on, get out

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And it really felt like that, of like, I swear I don't have any more! Yeah, here come the coins. That's where we've been. And now, the metaphor

is the ringing out of the wash rag.

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So I think June is going to be it. I'm sorry. But it's my birthday month.

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Anyway, boo hoo, Gia, get over it. Okay.

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We're going to be rung out a little bit

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But again, and I get chills on this. It's really the last vestiges. They're really getting it and they're like, it's sort of like labor, the ring of fire, you mothers.

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Oh, we're all gonna die, but it's the last moment

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Okay, I'm using this. Okay. All right, spirit don't be playing. Because you've told us before

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And then the new fresh hell opened

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For this particular

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phase and the potential and the opportunity

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This is a moment of final reckoning, a final squeezing

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Okay, and I just saw

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That's weird. I saw Stephen Miller

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This is gross. His body is being wrung out and his head puffed like a balloon

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This is the final squeezing for the administration as well. Okay, I'm so sorry, but you had to see that with me.

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was very unexpected, and I saw it was the Mma on the White House lawn in the background.

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This is a final what the fuck moment that people are like, absolutely not

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So there's a lot of final squeezing, a lot of final squeezing

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Our traumas are going to be triggered, pressure on the administration, the powers that be, there's a lot of not going to take it anymore

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Okay, so just they're like, just know it's coming, it's not you, you're not going astray. We're really trying to get out every last bit of the old world from you.

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It doesn't mean you have to experience trauma. Remember, they just spent the whole thing saying this can be a lot more fun, okay? Focus on expansion and love and joy and start smiling at people. You know, I've been unpacking this stuff about patriarchy and one thing I'm really personally working on is where can I be more patriarchal

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You know, I'm, like, texting my nieces and, you know, ways that I haven't really fully been in that energy. Where can I do more? Which of my neighbors can I help? Like, you can start and should always be focusing on, but where do we expand, and what next, and what do we create, and where are we going?

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It can be all progress and joy. And then when the it comes, oh, that was uncomfortable, but we do the work and we move on.

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And they're saying depending on how prepared you are

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You will experience the coming months as joy, excitement, laughter. Can you believe this shit? Okay, so people who really have been sleeping through politics are going to have a rude awakening and we're going to be delighted and tickled and and we knew it. It's going to look bad

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But it's also to us in the know, it's going to look funny. Okay, so that's nice. It's nice of them.

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July is an acceleration point, an acceleration month, and it really is back to what they said about the different timelines

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They're continually going to be creating disaster, chaos, pain, suffering timelines. It is up to you to navigate, but you are not alone. There are helpers. There are communities, you have the tools, you have the knowledge. And if you don't find it, they're like, Google it

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You have to pay any money to learn how to do this. Google it. I got lots of free stuff and everyone's got free stuff.

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As prepared as you are to weather storms and ride out transitions is how swiftly you will see the potential and move into the new.

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There is nothing to fear

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Fear is natural. You don't need to prepare for fear or brace for fear. You can be afraid. You can be prepared. You can be joyous.

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It is your choice how to navigate through this time.

01:47:01.000 --> 01:47:04.000

Okay

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And I just... I just heard

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Like a brick wall being blown up

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I live here in Utah, and the Murray Smokestacks where these old 100-year-old smelters and they demolished them about 20 years ago, 20, 30 years ago. Am I that old? Yep. And

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Good lighting and makeup helps ladies. I don't always look this good.

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They imploded them, so they blew them up, and then the tower fell in on itself

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And that is what I'm hearing and seeing

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